



## VIRGINIA ENCAMPMENT 2015 FORT PICKETT

### Special points of interest:

- 96° F degree temperatures cause rescheduling
- A delegation of senior U.S. Air Force leaders visit VAWG ENC 2015
- Senior U.S. Air Force Leader teaches Core Values

### Quote of the day:

***"Hydrate, Hydrate, Hydrate! Take a drink! Move to the shade Cadets! Keep an eye on your wingman!"***



Courtesy of  
AccuWeather.Com

Fort Pickett  
June 23, 2015

Actual Temp  
96° Lo 74°

Highest Avg.  
88° Lo 68°



# VIRGINIA WING ENCAMPMENT

## *Day Three – Heat Stage Level-5 Conditions Cause Schedule Change*

FORT PICKETT, VA - The routine of encampment has settled in for the Student Cadets and Advanced Flight Cadets who are now immersed fully into the challenges and opportunities of cadet life in Day-3 of the 7-day encampment experience. At the end of 7-days Cadets are expected to have successfully developed



leadership skills, learn about aerospace, make exercise part of their daily routine and build moral character. Based on a high temperature of 96°-degrees and Heat Stage Level-5 conditions which call for "no prolonged physical exertion" and the "consumption of 1-quart of water per hour" for hard work efforts, the Day-3 schedule was

revised to postpone O-Ride Orientation flights and the Leadership Reactionary Course (LRC).

In addition to restricting the performance of activities with prolonged physical exertion, encampment Cadre required more frequent hydration. Cadre required that Cadets filled their encampment issued Camelback Hydration Pack with water and ordered students to drink water at more frequent intervals during the day. Cadre also used water-filled spray-bottles to squirt the Students as they participated in shortened intervals of outdoor leadership development exercises to limit exposure to sun and Level-5 Conditions. "Vigilance" was also the word and order of the day as Cadre monitored their flights and squadrons for heat sickness to execute immediate response measures if needed.

Replacing the postponed activities was a team building exercise, titled "Teamwork for Performance". The exercise used 2x4s wood planks equipped with rope ties for 4 to 5 man teams standing on them for simulated team skis. The teams had to

work as a single unit to get the skis and themselves with each member of the team standing on the skis efficiently and effectively across the finish-line based on the rules. Other alternative activities included an Aerospace Education (AE) session on Solar Weather, Core Values, Aviation 1 and a visit by a delegation of senior U.S. Air Force leaders headed by Daniel R. Sitterly, principal deputy assistant secretary of the Air Force for



#### Manpower and Reserve Affairs.

At the end of the AE session Students learned how to watch the sun safely without damaging their eyes by creating a “pin-hole camera” out of paper to project the sun’s image onto another sheet of paper. Using this technique, Students run the risk of looking directly at the sun.

In the dining facility for lunch, Secretary Sitterly taught the Core Values lesson. Secretary Sitterly works with the Chief of Staff of the Air Force and other high ranking officials and works with USAF Auxiliary Programs, specifically, CAP.



“I live by the 12 core values of the Boy Scouts, said Secretary Sitterly, who achieved Eagle Scout. Choosing four cadets, Secretary Sitterly asked them to explain what each of the four CAP Core values means. Touring the dining facility and visiting with the Dining Services Cadre, Secretary Sitterly took time out to appreciate the week-long efforts of the Cadet and Senior Member Cadre in managing, preparing and serving all the meals for the encampment. “A Civil Air Patrol Student Cadet Encampment’ marches on its stomach”

is one take on the famous quote attributed to Napoleon Bonaparte, and reflecting the importance of good and plentiful food for efficient and effective encampment performance. Treated to “VIP” time away from the dining facility, the Dining Service Cadre did “show and tell” boarding the Secretary’s sleek UH-1 Huey Helicopter, asking his pilot questions and sitting in the cockpit Allen C. Perkinson Airport/Blackstone Army Airfield.

Helicopter, asking his pilot questions and sitting in the cockpit at Allen C. Perkinson Airport/Blackstone Army Airfield. Meanwhile, back at the encampment site, Encampment Cadet Commander, Maj. Martin Simpkins taught a session emphasizing the importance of teamwork for high performance. Students built a tower out of cups. Each of the 9 Flights directed one cadet in placing and arranging the cups while blindfolded. Foundations in Aviation, taught by Cadet Capt. Erika Fletcher covered the basic principles of flight consisting of lift, drag, gravity, thrust, and how a pilot flies a plane using these principles. “I want to be a helicopter pilot for the navy,” one cadet said. Many Students have dreams of flying. Students participated in a variety of demonstrations based on the basics of flight. Day-3 activities concluded with dinner, room inspections, and drill and ceremony. Each day includes a period of downtime before lights out.

**EXTRA!!!!!! EXTRA!!!!!! EXTRA!!!!!! EXTRA!!!!!!**

